

Student Learning and Wellbeing Framework



Student Learning and Wellbeing Framework

“Wellbeing is a state in which every individual realises their potential, can cope with the normal stresses of life, can work productively and fruitfully and is able to make a contribution to their community.” – World Health Organisation, 2014

Wellbeing – connected to learning

Our young people are growing up in a world driven by new technologies and economic globalisation. Their future means they need a new set of cognitive, social and emotional skills for success. Healthy, confident and resilient young people who can successfully navigate a more complex world are vital for Queensland’s future. We know that a supportive environment that combines a focus on wellbeing with a focus on learning is optimal – without one, the other will not happy.

Responding to individual and group difference, promoting collaborative learning, connected to the hearts and minds of every student, and teaching students how to manage their wellbeing, are just some of the ways our teachers are making sure students thrive. Our school must continue to provide inclusive environments that nurture the wellbeing of all students, so they become resilient lifelong learners who respond positively to their changing world and pursue their passions with confidence.

Wellbeing – our approach

- > School leaders – creating a whole school approach that provides the right conditions to achieve resilience and wellbeing and lift student outcomes
- > Teachers – providing inclusive learning environments that support every student to manage their wellbeing and achieve success
- > School community – strengthening connections with parents, support services and the wider community



Psychological



Physical



Personal



Social



Cognitive

Wellbeing – measuring success

We can monitor our school culture and student wellbeing and engagement through:

- > Attendance rates
- > Student retention data
- > Learning days lost due to social and emotional issues
- > School survey responses

Our school has developed a range of survey measures to support data and student wellbeing.

Our approach to student learning and wellbeing across the whole school

1 Creating safe, supportive and inclusive environments

We do this by:

- > Providing safe environments where diversity is valued, positive social interactions are promoted, and risk of injury or harm is minimised
- > Developing an approach to wellbeing that supports the collective action of parents, support services and the wider community
- > Demonstrating and communicating positive respectful relationships between staff, students, parents and members of the community
- > Explicitly teaching and modelling social and emotional skills, values and expectations for behaviour to support student wellbeing

2 Building the capability of staff, students and the school community

We do this by:

- > Providing health and wellbeing learning opportunities for students through curriculum focused on mental health, relationships and sexuality, alcohol and other drugs, food and nutrition, benefits of physical activity, and safety
- > Identifying opportunities to build the capabilities of teachers and school leaders to support a whole school approach to student wellbeing and its connection to learning
- > Communicating information and advice on the benefits of supporting young people to be healthy, confident and resilient

3 Developing strong systems for early intervention

We do this by:

- > Planning and documenting school processes to support staff to respond appropriately to students at risk
- > Recognizing the early signs that a student's wellbeing is at risk and responding appropriately by noticing, inquiring and planning
- > Sharing responsibility for supporting students at risk by:
 1. Seeking support from our school youth work team and the leadership team as first responders
 2. Encouraging students and families to access support services
 3. Using wrap-around approach for students involving parents, school



TSA Independent Schools

- > Making sure the physical environment and school policies and practices are accessible and inclusive of students and families
- > Planning for opportunities to promote and celebrate the traditions, values and cultures of the school community
- > Providing learning opportunities and environments that promote healthy lifestyle choices

- > Responding positively to the needs of different groups within the school community
- > Strengthening connections with parents to support early intervention for students whose wellbeing is at risk
- > Increasing visibility of local support services to families whose children have high levels of need
- > Supporting staff health and wellbeing and recognizing the resulting benefits for students
- > Committing to continual improvement using evidence-based strategies to improve student wellbeing, seeking ways to develop and share new ideas

support services, health professionals and other agencies

“More learning occurs in a joyous classroom where children feel safe, secure and accepted, and where they feel the teacher sees them for who they really are.”

Supporting documents

- > SEL Framework
- > Student Protection Training
- > Parents and community engagement
- > Positive Behaviour Framework
- > Student Engagement Framework
- > Model of Care Framework
- > Teaching Team Handbook
- > Supporting students’ mental health and wellbeing
- > Access and Inclusion Plan